



WHOLISTIC SEXUALITY RESOURCES

JUCY WEBSITES

Our Website: IntimateArtsCenter.com

Sign up for our newsletter, read blogs & articles, watch videos, take quizzes and more.

General Sexuality Information

AskIsadora.com: articles, resources, counseling, forum

howtohavegoodsex.com: sex education, emphasizing pleasure

sexuality.org/subs.html Society For Human Sexuality. Announcement & Discussion

sexuality.org: Extensive resources for virtually every sexuality issue imaginable!

positive.org: A sex positive educational organization.

susiebright.com: Susie Sexpert's columns plus interviews and essays

Anniesprinkle.org: Annie's wonderful site full of goodies!

dodsonandross.com Betty Dodson & Carlin Ross: Betty - the grandmother of masturbation!

sfsi.org: Online sex advice, therapy referrals, classes, and links to support groups.

scarleteen.com: Especially great for teens but really great for anyone.



Sacred Sexuality

tantra.com : Tantra information products and discussion forums.

tantra-sex.com/tantra-articles.html Writings about sex, tantra and relationships

Products

blowfish.com: "Good Products for Great Sex." Great section on videos with useful categories and reviews

goodvibes.com: Women-owned sex toy shop plus workshops and sexuality info.

grandopening.com: Another great sex toy shop for women by women!

babeland.com: Toys in Babeland's NYC sex toy shop.

goodforher.com: Good For Her. 175 Harbord Street, Toronto ON M5S1H3.

comeasyouare.com: Come As You Are. worker-owned co-operative

condomania.com: Provides a condom guide! Products, safe sex/AIDS education.

royalle.com: Former porn star Candida Royalle presents women-oriented erotic movies.

smittenkittenonline.com

thepleasurechest.com

toolshedtoys.com

purepleasureshop.com

Women's Sexuality

yoni.com: Web-zine that is a celebration and exploration of the many faces of the Feminine.

fwhc.org: Federation of Feminist Women's Health Centers.

houseochicks.com: House O'Chicks, Sex Through the Eyes of Women

Health

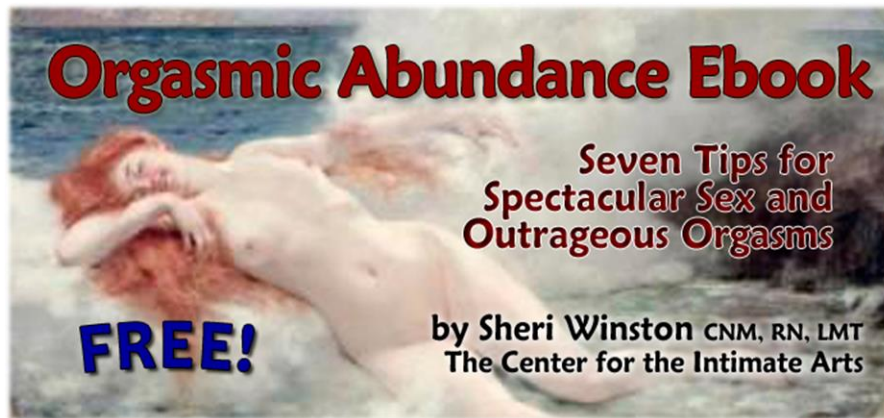
freestone.org/hygieia: The late, great Jeannine Parvati Baker's fabulous health site.

susunweed.com: Susun Weed's a wonderful, wise woman healer, herbalist, teacher and author. E-zine, forum.

plannedparenthood.org: Provides extensive information on women's health, birth control, teen issues & more.

sexualhealth.com: Info on disability, sex over forty, transgender issues, and parenting options. Also provides continuing education and training for health professionals.

Download a Free Ebook: IntimateArtsCenter.com/freebies (And More!)



Virtual Online Education: Intimate Arts Online

Explore our virtual online empowering, entertaining erotic education programs including live & recorded classes and courses. Our online programs are private, accessible, fun, fascinating and full of supremely useful information that will expand your pleasure and help you reach your full erotic potential!

Visit our website to see what's coming up live and what we've added to our ever-expanding line of recorded products.

For more information about erotic education online, click here: IntimateArtsCenter.com/online-course-faq

Online Courses (Multi-class: three or four sessions. Live or Recorded. Plus Extras)

LIVE

Online courses provide an immersion into a topic including three or four class sessions of ~90 minutes each, plus extensive additional material composed of articles, videos, home play assignments, a private, confidential social chat group and additional reading, resources and support suggestions.

RECORDED

Recorded courses include all of the above without the online chat group or the ability to participate in the live sessions. You can "attend" online anywhere, anytime, as many times as you like.

- The Fine Art of Female Orgasm (4 sessions)
- Libido: Lost & Found (3 sessions)
- Secrets of Female Pleasure (4 sessions)
- Women's Anatomy of Arousal: Secret Maps to Buried Pleasure (4 sessions)

Online Classes (Single Recorded Classes)

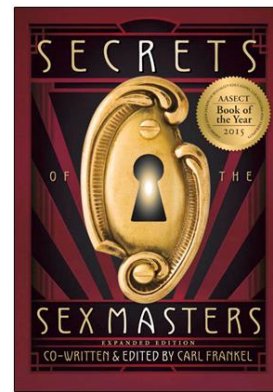
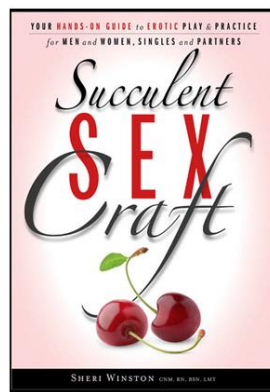
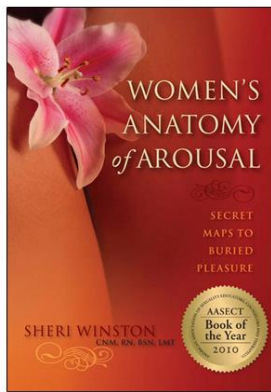
Online classes are lavishly illustrated presentations, running from 75 – 90 minutes. For more info on single online classes, please visit: IntimateArtsCenter.com/on-line-classes

- *Hot Wholistic Sexuality™*: A New Vision of Sexual Integration and Empowerment
- *The Ecstatic Journey of Birth & Sex*: The Integral Trances of Pleasure & Procreation
- *“Her-gasmic” Abundance*: The Art of Female Orgasm
- *The Pussies and Puppies School of Love*: Mastering the Dance of Feminine & Masculine

YUMMY BOOKS

Our Books (Mango Garden Press)

- Women’s Anatomy of Arousal – Secret Maps to Buried Pleasure, Sheri Winston, 2010
- Succulent SexCraft: Your Hands-On Guide to Erotic Play & Practice, Sheri Winston, 2014
- Secrets of the Sex Masters, Revised Ed, compiled & co-written by Carl Frankel, 2015



General Sexuality

- The Ultimate Sex Book, by Anne Hooper
- The New Good Vibrations Guide to Sex, by Cathy Winks & Anne Semans, Cleis Press
- The Guide to Getting It On, by Paul Joannides
- Sexual Secrets: the Alchemy of Ecstasy by Nik Douglass & Penny Slinger

Technique: Improving Sexual Response, Female Ejaculation, Expanding Orgasm

- Red Hot Touch: A head-to-toe handbook for mind-blowing orgasms by Jaiya
- Becoming Orgasmic, by Julia Heiman & Joseph LoPiccolo
- Extraordinary Sex Now, by Sandra Scantling, Pub Doubleday, 1998
- Expanded Orgasm, by Patricia Taylor, Pub Sourcebooks, Inc. 2002
- Female Ejaculation & The G-Spot, by Deorah Sundahl, Hunter House, Inc, 2003
- Reclaiming Goddess Sexuality, Linda Savage, Pub by Hay House, Inc. 1999
- The Multi-Orgasmic Man by Montak Chia (Also The Multi-Orgasmic Couple)
- The Ultimate Guide to Anal Sex for Women, 2nd Edition, Tristan Taormino

Improving Partner Sex

- For Each Other: Sharing Sexual Intimacy, by Lonnie Barbach
- The Way of the Superior Man (or any of his other books), by David Deida

- Passionate Marriage by David Snarch

Women's Health

- Our Bodies, Ourselves for the New Century, Boston Women's Health Book Collective
- Women's Bodies, Women's Wisdom, Christiane Northrup, MD
- Woman: An Intimate Geography, by Natalie Angier, Anchor Books



Female Anatomy

- Women's Anatomy of Arousal – Secret Maps to Buried Pleasure, Sheri Winston, 2010
- New View of A Woman's Body, Federation of Feminist Women's Health Centers, Feminist Press
- The Clitoral Truth, Rebecca Chalker, Seven Stories Press, NY, 2000

Self-Loving Solo-Sex

- Getting Off: A Woman's Guide to Masturbation, Jamye Waxman
- For Yourself, Lonnie Barbach
- Sex for One: The Joy of Self-Loving (Previously called Liberating Masturbation), by Betty Dodson

Introduction and Integration of Tantric & Taoist Sexuality


- Sexual Energy Ecstasy, by David and Ellen Ramsdale, Pub Bantam Books, 1991
- The Art of Sexual Ecstasy, by Margo Anand, Tarcher/Putnam Books, 1989
- Sacred Sex by Jawala
- Passion Play, by Felice Dunas
- Healing Love Through The Tao – Cultivating Female Sexual Energy, by Mantak Chia & Maneewan Chia. Healing Tao Books. 1986. Also Mantak Chia's other books.

History of Changing Attitudes To Sacred Sexuality

- Sacred Pleasure, Riane Eisler, Pub Harper San Francis, 1995

SHERI WINSTON'S

EMPOWERING
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FOR EVERYONE!



CENTER FOR THE
INTIMATE ARTS

INTIMATEARTSCENTER.COM

OFFICE@INTIMATEARTSCENTER.COM | PO BOX 3184, KINGSTON, NY 12402 | 845-340-1800
