



Wholistic Sexuality Resources

JUCY WEBSITES

General Sexuality Information

Ask Isadora: isadora-ask-request@askisadora.com

How to Have Good Sex www.howtohavegoodsex.com

Society For Human Sexuality. Announcement List & Discussion List: www.sexuality.org/subs.html

www.sexuality.org : Extensive resources for virtually every sexuality issue imaginable!

www.positive.org : A sex positive educational organization.

www.susiebright.com : Susie Sexpert's columns plus interviews and essays

Anniesprinkle.org : Annie's wonderful site full of goodies!

sexuality.www.bettydodson.com : The grandmother of masturbation!

www.sfsi.org : Online sex advice, therapy referrals, classes, and links to support groups.

Classes, Workshops and Retreats

www.bodyelectric.org : Workshop schedule, home study videos and massage products.

Human Awareness Institute - Sex, love and intimacy workshops. HAL.org

The Body Sacred – Sacred Sexuality Retreats TheBodySacred.org

See My Website for Retreats that I lead. IntimateArtsCenter.com

Sacred Sexuality

www.tantra.com : Tantra information products and discussion forums.

SexySpirits.com: NYC classes

www.tantra-sex.com/tantra-articles.html Writings about sex, tantra and relationships

Products

www.blowfish.com : "Good Products for Great Sex." Great section on videos with useful categories and reviews

www.evesgarden.com : Women-owned sex toy shop.

www.goodvibes.com : Women-owned sex toy shop plus workshops and sexuality info.

www.grandopening.com : Another great sex toy shop for women by women!

www.babeland.com : Toys in Babeland's NYC sex toy shop.

www.goodforher.com Good For Her. 175 Harbord Street, Toronto ON M5S1H3.

www.condomania.com : Provides a condom guide to figure out what condom is right for you! Products, safe sex/AIDS education.

www.royalle.com : Former porn star Candida Royalle presents women-oriented erotic movies.

Women's Sexuality

www.yoni.com : Web~zine that is a celebration and exploration of the many faces of the Feminine.

www.fwhc.org : Federation of Feminist Women's Health Centers.

House O'Chicks, Sex Through the Eyes of Women at: <http://www.houseochicks.com/>

Health

www.freestone.org : Jeannine Parvati Baker's fabulous health site.

Susun Weed's a wonderful, wise woman healer, herbalist, teacher and author. www.susunweed.com. E-zine, forum.

www.plannedparenthood.org : Provides extensive information on women's health, birth control, teen issues, plus lots more.

www.sexualhealth.com : Info on disability, sex over forty, transgender issues, and parenting options. Also provides continuing education and training for health professionals.

YUMMY BOOKS

General Sexuality

- The Ultimate Sex Book, by Anne Hooper
- The New Good Vibrations Guide to Sex, by Cathy Winks & Anne Semans, Cleis Press
- The Guide to Getting It On, by Paul Joannides
- Sexual Secrets: the Alchemy of Ecstasy by Nik Douglass & Penny Slinger

Improving Sexual Response, Female Ejaculation, Expanding Orgasm

- The Goddess In The Bedroom, by Z. Budapest
- Becoming Orgasmic, by Julia Heiman & Joseph LoPiccolo
- Ordinary Women, Extraordinary Sex, by Sandra Scantling & Sue Browder, Dutton, 1993
- Extraordinary Sex Now, by Sandra Scantling, Pub Doubleday, 1998
- Expanded Orgasm, by Patricia Taylor, Pub Sourcebooks, Inc. 2002
- Female Ejaculation & The G-Spot, by Deorah Sundahl, Hunter House, Inc, 2003
- Reclaiming Goddess Sexuality, Linda Savage, Pub by Hay House, Inc. 1999
- The Multi-Orgasmic Man by Montak Chia (Also The Multi-Orgasmic Couple)

Improving Sexual Relationships

- For Each Other: Sharing Sexual Intimacy, by Lonnie Barbach
- The Way of the Superior Man (or any of his other books), by David Deida

Women's Health

- Our Bodies, Ourselves for the New Century, Boston Women's Health Book Collective
- Woman: An Intimate Geography, by Natalie Angier, Anchor Books

Female Anatomy

- New View of A Woman's Body, Federation of Feminist Women's Health Centers, Feminist Press
- The Clitoral Truth, Rebecca Chalker, Seven Stories Press, NY, 2000

Classics on Self-Loving

- For Yourself, Lonnie Barbach
- Sex for One: The Joy of Self-Loving (Previously called Liberating Masturbation), by Betty Dodson

Introduction and Integration of Tantric & Taoist Sexuality

- Sexual Energy Ecstasy, by David and Ellen Ramsdale, Pub Bantam Books, 1991
- The Art of Sexual Ecstasy, by Margo Anand, Tarcher/Putnam Books, 1989
- Sacred Sex by Jawala
- Passion Play, by Felice Dumas
- Healing Love Through The Tao – Cultivating Female Sexual Energy, by Mantak Chia & Maneewan Chia. Healing Tao Books. 1986. Also Mantak Chia's other books.

History of Changing Attitudes Towards Sacred Sexuality

- Sacred Pleasure, Riane Eisler, Pub Harper San Francis, 1995

Erotica

- Herotica, The first 3 of the series ed. by Susie Bright, the next edited by Marcy Sheiner
- My Secret Garden & Forbidden Flowers, both edited by Nancy Friday

Herbal Aphrodisiacs

- Botanica Erotica, by Diana Deluca, Healing Arts Press
- Plants of Love, by Christian Ratsch, Ten Speed Press, Berkeley CA. 1997



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