



Wholistic Sexuality Resources

JUICY WEBSITES

Our Website: IntimateArtsCenter.com

Sign up for our newsletter, read blogs & articles, watch videos, take quizzes and more.

General Sexuality Information

AskIsadora.com - articles, resources, counseling, forum

howtohavegoodsex.com sex education, emphasizing pleasure

sexuality.org/subs.html Society For Human Sexuality. Announcement & Discussion

sexuality.org : Extensive resources for virtually every sexuality issue imaginable!

positive.org : A sex positive educational organization.

susiebright.com : Susie Sexpert's columns plus interviews and essays

Anniesprinkle.org : Annie's wonderful site full of goodies!

dodsonandross.com Betty Dodson & Carlin Ross: Betty - the grandmother of masturbation!

fsi.org : Online sex advice, therapy referrals, classes, and links to support groups.

scarleteen.com: Especially great for teens but really great for anyone.

Sacred Sexuality

tantra.com : Tantra information products and discussion forums.

tantra-sex.com/tantra-articles.html Writings about sex, tantra and relationships

Products

blowfish.com : "Good Products for Great Sex." Great section on videos with useful categories and reviews

goodvibes.com : Women-owned sex toy shop plus workshops and sexuality info.

grandopening.com : Another great sex toy shop for women by women!

babeland.com : Toys in Babeland's NYC sex toy shop.

goodforher.com Good For Her. 175 Harbord Street, Toronto ON M5S1H3.

comeasyouare.com Come As You Are. worker-owned co-operative

condomania.com : Provides a condom guide! Products, safe sex/AIDS education.

royalle.com : Former porn star Candida Royalle presents women-oriented erotic movies.

Women's Sexuality

yoni.com : Web~zine that is a celebration and exploration of the many faces of the Feminine.

fwhc.org : Federation of Feminist Women's Health Centers.

<http://houseochicks.com> House O'Chicks, Sex Through the Eyes of Women

Health

freestone.org/hygieia: The late, great Jeannine Parvati Baker's fabulous health site.

susunweed.com: Susun Weed's a wonderful, wise woman healer, herbalist, teacher and author. E-zine, forum.

plannedparenthood.org : Provides extensive information on women's health, birth control, teen issues & more.

sexualhealth.com : Info on disability, sex over forty, transgender issues, and parenting options. Also provides continuing education and training for health professionals.



YUMMY BOOKS

Our Books (Mango Garden Press)

- Women's Anatomy of Arousal – Secret Maps to Buried Pleasure, Sheri Winston, 2010
- Succulent SexCraft: Your Hands-On Guide to Erotic Play & Practice, Sheri Winston, 2014
- Secrets of the Sex Masters, Revised Ed, compiled & co-written by Carl Frankel, 2015

General Sexuality

- The Ultimate Sex Book, by Anne Hooper
- The New Good Vibrations Guide to Sex, by Cathy Winks & Anne Semans, Cleis Press
- The Guide to Getting It On, by Paul Joannides
- Sexual Secrets: the Alchemy of Ecstasy by Nik Douglass & Penny Slinger

Technique: Improving Sexual Response, Female Ejaculation, Expanding Orgasm

- Red Hot Touch: A head-to-toe handbook for mind-blowing orgasms by Jaiya
- Becoming Orgasmic, by Julia Heiman & Joseph LoPiccolo
- Extraordinary Sex Now, by Sandra Scantling, Pub Doubleday, 1998
- Expanded Orgasm, by Patricia Taylor, Pub Sourcebooks, Inc. 2002
- Female Ejaculation & The G-Spot, by Deorah Sundahl, Hunter House, Inc, 2003
- Reclaiming Goddess Sexuality, Linda Savage, Pub by Hay House, Inc. 1999
- The Multi-Orgasmic Man by Montak Chia (Also The Multi-Orgasmic Couple)
- The Ultimate Guide to Anal Sex for Women, 2nd Edition, Tristan Taormino

Improving Partner Sex

- For Each Other: Sharing Sexual Intimacy, by Lonnie Barbach
- The Way of the Superior Man (or any of his other books), by David Deida
- Passionate Marriage by David Snarch

Women's Health

- Our Bodies, Ourselves for the New Century, Boston Women's Health Book Collective
- Women's Bodies, Women's Wisdom, Christiane Northrup, MD
- Woman: An Intimate Geography, by Natalie Angier, Anchor Books

Female Anatomy

- Women's Anatomy of Arousal – Secret Maps to Buried Pleasure, Sheri Winston, 2010
- New View of A Woman's Body, Federation of Feminist Women's Health Centers, Feminist Press
- The Clitoral Truth, Rebecca Chalker, Seven Stories Press, NY, 2000

Self-Loving Solo-Sex

- Getting Off: A Woman's Guide to Masturbation, Jamye Waxman
- For Yourself, Lonnie Barbach
- Sex for One: The Joy of Self-Loving (Previously called Liberating Masturbation), by Betty Dodson

Introduction and Integration of Tantric & Taoist Sexuality

- Sexual Energy Ecstasy, by David and Ellen Ramsdale, Pub Bantam Books, 1991
- The Art of Sexual Ecstasy, by Margo Anand, Tarcher/Putnam Books, 1989
- Sacred Sex by Jawala
- Passion Play, by Felice Dunas
- Healing Love Through The Tao – Cultivating Female Sexual Energy, by Mantak Chia & Maneewan Chia. Healing Tao Books. 1986. Also Mantak Chia's other books.

History of Changing Attitudes Towards Sacred Sexuality

- Sacred Pleasure, Riane Eisler, Pub Harper San Francis, 1995

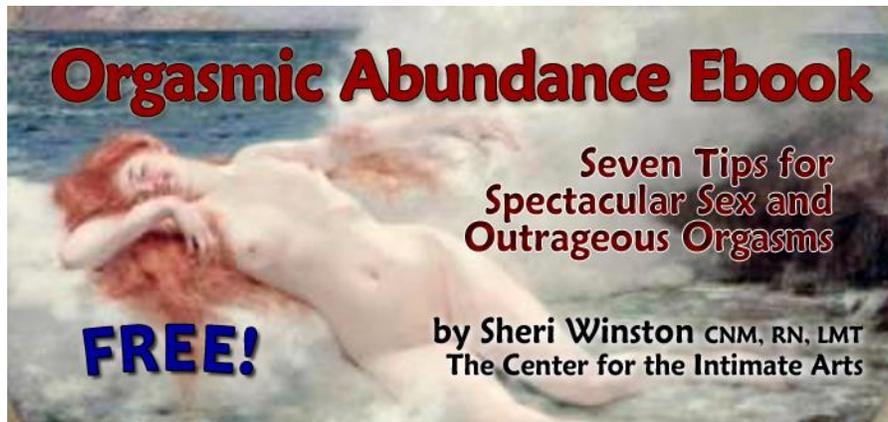
My Virtual Online Classes

Online classes are lavishly illustrated lectures by Sheri that you can “attend” online anywhere, anytime, as many times as you like.

- *Hot Wholistic Sexuality™: A New Vision of Sexual Integration and Empowerment*
- *Secrets of Female Pleasure: Women’s Anatomy of Arousal*
- *The Fountain of the Goddess – The Learnable Art of Female Ejaculation*
- *The Ecstatic Journey of Birth & Sex: The Integral Trances of Pleasure & Procreation*
- *“Her-gasmic” Abundance: the Art of Female Orgasm*
- *The Pussies and Puppies School of Love: Mastering the Dance of Feminine & Masculine*

Please visit: IntimateArtsCenter.com/on-line-classes

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