



Tell Yourself an Erotic Tale

Look for opportunities to play with erotic energy by using your imagination to entertain and arouse yourself with sexy stories. Feel free to use whatever images and stories get you off.

When you see an attractive person, imagine a perfect sexy encounter with them. Or invent your perfect lover and have him or her fulfill your every desire.

If you find that making up erotic stories isn't your forte, feel free to use other people's imaginations. There's no shortage of erotica and pornography, so make use of it! Ladies, don't get discouraged if much of what's out there doesn't work for you. The supply of women-oriented, female-positive erotica and pornography is growing rapidly.